The Benefits of Microcurrents on Blood Pressure

What Causes High Blood Pressure?

High blood pressure is a mysterious and extremely common ailment that is thought to be caused by a number of likely factors including: smoking, being overweight, lack of physical activity, alcohol consumption, stress, and more. Individuals without common precursors are susceptible to high blood pressure.

Normal blood pressure for any adult over 20 years old is 120/80 mm Hg. Anything above 140/90 mm Hg is considered *hypertension* and is a precursor to many health consequences like damage to the heart and coronary arteries, heart attack, heart disease, atherosclerosis, stroke and more.[1]

How Microcurrent Therapy Can Help

A study by Lee *et al.* (2010) took a close look at the effects of microcurrents on reducing hypertension. They concluded that oxidative stresses to tissues are a common pathology of chronic diseases (like hypertension) and that presenting antioxidants to the body through the use of a microcurrent emitting device could change the concept of management of such chronic diseases.[2]

Some examples of their results[2]:

- Blood pressure of a 65-year-old male dropped from 202/99 to 155/73 after two weeks of treatment.
- Blood pressure of a 70-year-old female dropped from 147/84 to 138/72 after three weeks of treatment.

Results speak for themselves, and proof is in the pudding when observing the beneficial results of microcurrent therapy on lowering blood pressure in a relatively small time frame.

Cell MedX

Cell MedX has developed a state of the art microcurrent therapy device called the ebalance Pro. Using unique software, the ebalance Pro is able to read the body and use this information to emit electrical frequencies best suited to specific issues in different areas of the body. The treatment is completely non-invasive, has no known negative side effects, and is potentially useful in helping treat an array of ailments including diabetes, Parkinson's disease, high blood pressure, insomnia, edema, and different neuropathies.

References:

1) American Heart Association (2014). "Why blood pressure matters". Retrieved from http://www.heart.org/HEARTORG/Conditions/HighBloodPressure/WhyBloodPressureMatters/Why-Blood-Pressure-Matters_UCM_002051_Article.jsp#.V3VjuFecDzJ
2) Bok Y. Leet al. (2010). "Ultra-low microcurrent in the management of diabetes mellitus, hypertension and chronic wounds: Report of twelve cases and discussion of mechanism of action". Int J Med Sci. 2010; 7(1): 29-35.